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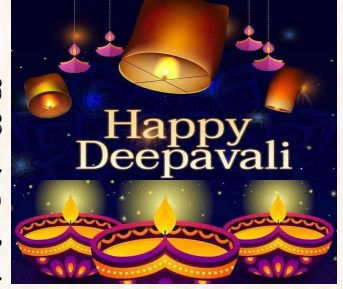
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ಬದುಕಿನ ಕತ್ತಲಗೆ ಬೆಳಕಿನ ಹಬ್ಬ ದೀಪಾವಳಿ

ದೀಪ ಅವಳಿ ಎಂದರೆ ದೀಪಗಳ ಸಾಲು, ದೀಪ ಎಂದರೆ ಬೆಳಕು, ಜಗತ್ತು ನಮಗೆ ಕಾಣಬೇಕಾದರೆ ಬೆಳಕು ಬೇಕು. ಬೆಳಕಿನ ಹಬ್ಬವೇ 'ದೀಪಾವಳಿ'. ಜೀವನದುದ್ದಕ್ಕೂ ಬೆಳಕು ನಮ್ಮ ಜೊತೆಯಲ್ಲಿರು ಎನ್ನುವುದರ ಸಾಂಕೇತಿಕತೆಯೇ ದೀಪಾವಳಿ, ಬೆಳಕು ಎಂದರೆ ಜ್ಞಾನ, ಅರಿವು ತಿಳಿವಳಿಕೆ.

ದೀಪಾವಳಿ ಹಬ್ಬವು ಒಂದು ದಿನದ ಹಬ್ಬವಲ್ಲ; ನಾಲ್ಕೈದು ದಿನಗಳ ಕಾಲ ಹಬ್ಬಕೊಂಡಿರುವ ಪರ್ವ ಇದು. ಈ ದಿನಗಳಲ್ಲಿ ನಡೆಸುವ ವಿವಿಧ ಕಲಾಪಗಳಿಗೆ ಅನುಗುಣವಾಗಿ ದೀಪಾವಳಿಯನ್ನು ಹಲವು ಹೆಸರುಗಳಿಂದ ಕರೆಯುತ್ತಾರೆ. ಧನ್ ತೇರಾಸ್, ನರಕಚತುರ್ದಶೀ, ಲಕ್ಷ್ಮೀ ಪೂಜಾ, ಬಲಿಪಾಡ್ಯಮೀ, ಭಗಿನೀದ್ವತೀಯಾ, ಸೋದರ ಬಿದಿಗೆ ಹೀಗೆ ಹಲವು ಹಬ್ಬಗಳು ಸೇರಿ ಒಂದಾಗುವ ಹಬ್ಬವೇ ದೀಪಾವಳಿ. ಆಶ್ವಿಜ ಮಾಸದ ಕೊನೆಯ ದಿನ ಹಾಗೂ ಕಾರ್ತಿಕ ಮಾಸದ ಪ್ರಾರಂಭದಲ್ಲಿ ಬರುವ ಹಬ್ಬ 'ದೀಪಾವಳಿ'.

ದೀಪಾವಳಿಯನ್ನು ಬೇರೆ ಬೇರೆ ಪ್ರಾಂತಗಳಲ್ಲಿ ಆಚರಿಸುವ ವಿಧಾನದಲ್ಲಿ ವ್ಯತ್ಯಾಸಗಳಿದ್ದರೂ ದೀಪೋತ್ಸವ ದೀಪದ ಆರಾಧನೆ ಮಾತ್ರ ಎಲ್ಲೆಡೆ ಕಂಡುಬರುವ ಸಮಾನ ಆಚರಣೆಯಾಗಿದೆ. ದೀಪಾವಳಿಯ ಆರಂಭವಾಗುವುದು ನೀರು ತುಂಬುವ ಹಬ್ಬದೊಂದಿಗೆ ಇದು ನರಕಚತುರ್ದಶಿಯ ಹಿಂದಿನ ದಿನ. ಸ್ನಾನದ ಪಾತ್ರೆಗಳನ್ನೂ ನೀರನ್ನು ಕಾಯಿಸುವ ಹಂಡೆಯನ್ನೂ ಶುದ್ಧವಾಗಿ ತೊಳೆದು, ಬಳಿಕ ಹಂಡೆಗೆ ನೀರನ್ನು ತುಂಬಿ ಅದಕ್ಕೆ ಪೂಜೆಯನ್ನು ಸಲ್ಲಿಸಲಾಗುವುದು, ಅಂದು ಮನೆಯ ಹೊರಗೆ ದೀಪವನ್ನು ಬೆಳಗಿಸಲಾಗುತ್ತದೆ. ಹೀಗೆ ಮಾಡುವುದರಿಂದ ಅಪಮೃತ್ಯುವಿನಿಂದ ಪಾರಾಗುತ್ತೇವೆ ಎನ್ನುವುದು ನಂಬಿಕೆ. ಉತ್ತರ ಭಾರತದಲ್ಲಿ ಈ ದಿನವನ್ನು ಧನ್ ತೇರಾಸ್ ಎಂದೂ ಆಚರಿಸುತ್ತಾರೆ. ಉತ್ತರ ಭಾರತದ ಬನಿಯಾ, ಮಾರ್ವಾಡಿ ಇತ್ಯಾದಿ ವ್ಯಾಪಾರಿ ಜನಾಂಗದವರು ಅಂದು ತಮ್ಮ ವಾರ್ಷಿಕ ಲೆಕ್ಕವನ್ನು ಮುಗಿಸಿ ದೀಪಾವಳಿಯಿಂದ ಹೊಸ ಲೆಕ್ಕ ಶುರು ಮಾಡುವ ಪದ್ಧತಿ ಇದೆ. ಈ ದಿನವನ್ನು ಧನ್ವಂತರಿ ದಿನಾಚರಣೆಯಾಗಿಯೂ ಆಚರಿಸಲಾಗುತ್ತದೆ. ಧನ್ವಂತರಿ ಶ್ರೀ ಎಷ್ಟೊಂದು ಅವತಾರವಾಗಿದ್ದು ಆಯುರ್ವೇದ ವೈದ್ಯ ಪದ್ಧತಿಯ ಜನಕನೆಂಬ ಪ್ರತೀತಿ ಇದೆ. ಮರುದಿನ, ಅಂದರೆ ನರಕಚತುರ್ದಶಿಯಂದು ಬ್ರಾಹ್ಮೀ ಮುಹೂರ್ತದಲ್ಲಿಯೇ ಎದ್ದು ಅಭ್ಯಂಗಸ್ನಾನವನ್ನು ಮಾಡಬೇಕು. ಆ ದಿನ ಬೆಳಗ್ಗೆ ಎಣ್ಣೆಯಲ್ಲಿ ಲಕ್ಷ್ಮಿಯೂ ನೀರಿನಲ್ಲಿ ಗಂಗೆಯೂ ನೆಲಸಿರುತ್ತಾರೆ; ಅವುಗಳನ್ನು ಬಳಸಿ ಸ್ನಾನ ಮಾಡುವವರು ಯಮ ಲೋಕದಿಂದ ಪಾರಾಗುತ್ತಾರೆ ಎಂದು ಪುರಾಣದ ಮಾತಿದೆ.



cont to last page ...

PROGRAMME TODAY AT 07.00 PM

Family Meet & Deepavali Celebrations

Ann & Annets invited

Pot luck Dinner Meeting

Next meeting. 12.11 2024. AT 07.30 PM

Speaker meeting

Annss & Annets Invited

RYLA
RESIDENTIAL
RID - 3181

8th - 10th
November 2024

Pilikula Nisargadhama,
Mangalore

HOST
RC MANGALORE NORTH

Do you have what it takes to become a dynamic leader and change yourself and the world ?

Rotary Youth Leadership Awards (RYLA) is an intensive leadership experience organized by Rotary clubs and districts where you develop your skills as a leader while having fun and making connections.

What are the benefits?
Connect with leaders in your community and around the world to:

- Build communication and problem-solving skills
- Discover strategies for becoming a dynamic leader in your school or community
- Learn from community leaders, inspirational speakers, and peer mentors
- Unlock your potential to turn motivation into action
- Have fun and form lasting friendships



ROTARY YOUTH LEADERSHIP AWARDS - A 3-Day residential programme RYLA is being organised for the students (From PU and above) at Pilikula Nisargadhama, Mangalore from 8th to 10th November, 2024. The event is being hosted by Rotary Club Mangalore North. This programme is basically aiming to create an intensive leadership experience to the students where they develop their skills as a leader while having fun and making connections.

"Give up the idea that by ruling over others you can do any good to them. But you can do just as much as you can in the case of the plant: you can supply the growing seed with the materials for the making up of its body, bringing to it the earth, the water, the air, that it wants.

It will take all that it wants by its own nature, it will assimilate and grow by its own nature."

- Swami Vivekananda,

Rotary

ROTARY FOUNDATION MONTH DISTRICT CHALLENGES

DR. STEPHANIE A. SCHNEIDER
DR. VIKRAMAKRISHN

<p>THE 100% POLIO FUND CONTRIBUTING CLUB</p> <p>Every member of your club contributes at least US\$ 3.00 to Polio Fund of TRF</p>	<p>POLIO SOCIETY MEMBER</p> <p>A special recognition to a Rotarian who contributes at least US\$ 100 to the Polio Fund and also pledges to contribute US\$ 100 to Polio Fund for the next two years</p>
<p>THE 100% APF CONTRIBUTING CLUB</p> <p>Every member of your club contributes atleast US\$ 15.00 to the Annual Funds Program of TRF</p>	<p>THE 2K CHALLENGE</p> <p>Clubs which contribute atleast US\$ 2,000 to the TRF will get a special recognition signed by TRF Trustee and RI Director</p>

"All contributions should be made by 15th November, 2024. Recognitions & Awards during the TRF Seminar On 23rd November, 2024"

More Information, call
PDG M Ranganath Bhat,
DRFC @ 98455 35121

Our Senior Member Rtn. T. G. Shenoy was Chief Guest at Senior Citizen's Day Celebration organised by K.M.C. Navachaitanya at Kaprigudda, Mangalore on 25th Oct.

Congratulations to Our Ann Shanthi Mohan Nair for securing 3rd Rank with 93% marks in the Sanskrit Prathama examination conducted by Mangalore Sanskrit Sangha Upanishad Sabha.



Prof. Dr Shivaprasad K^{MD} (Homi)
Prof. Dr Jyosha S^{MD} (Homi)
Consultant Homeopaths

email : shivaprasadk.sk@gmail.com
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In the weekly meeting held on 29th October 2024 - Chief Guest Rtn. Rudolph Rodrigues talked about Rotary International's October monthly theme Economic & Community Development. He said that Rotary Clubs all over the world supports investments in people to create measurable and enduring economic improvement in their lives and communities. World economy is progressing but the disparity in wealth between the nations and also within the nation between the rich and the poor. 10% of the world population is living below the economic level of below 1.95 dollars. About 6.5 million youths are not having jobs.

The Rotary Foundation also enables Rotarians to invest in people by creating sustainable, measurable and long term economic improvements in their communities and livelihoods. Some of these efforts are Building the capacity of entrepreneurs, community leaders, local organizations and community networks to support economic development in impoverished communities. He gave the example of Goutemala in Central America where Rotary helped the coffee growers to increase the production by 40% by adopting better management practices. This helped the farmers to increase income so that their basic needs have been able to meet. In another case in Philippines microfinance of only 200\$ helped a bakery owner to increase her income. He said that if you give fish to a man it will come for one day, but if you teach him fishing it will help his entire life.

Under the Scale grant of Rotary Foundation Indian farmers from drought hit areas are helped in water conservation techniques, restoring water bodies and checkdams etc in Bundelkhand, Mararhwada and Rajasthan district drought regions and alsI help in diversification of crops to fruit and vegetables. Total of 60000 farmers are to be benefitted in this project. RCCs are required to be helped to give employment opportunity for local communities. Partnership are the key to success for that Rotary needs to partner with local government, UNO, global microfinance organisations etc. Such partnerships magnify the changes in the community he said.

Rtn. Mohan Nair presided over the meeting and welcomed all. He said that the programs of the visit of the Rotary District Governor to our club last week was a resounding success and it was well appreciated by the DG Rtn. Vikram Datta. He thanked everyone for the success of the program. He further informed that the District Cultural meet will be on 16th & 17 th November and Cricket Tournament is on 10 th November and requested every one to participate in the events. He requested Rtn. Walter D' Cunha to take charge of the program and also Ann Chitra Rao to take care of the District Cultural meet. District Level RYLA program is going to be held at Pilikula from 7th to 10th November and requested all members to attend. He also requested all members and Anns to Register 100% for the District conference. He informed that the next week meeting is Family meet with Deepavali celebrations with Pot luck Dinner and requested every one to participate. Rtn. Dr. Suresh Rao introduced the chief guest. Rtn. Pundalika Shenoy rendered the invocation and in the end Rtn. G. K. Udupa proposed the vote of thanks.



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Prop: Walter D'Cunha



cont from Page 1..

ಮರುದಿನ ಅಮಾವಾಸ್ಯೆ; ಅಂದು ಲಕ್ಷ್ಮೀ ಪೂಜೆಯನ್ನು ಮಾಡಲಾಗುತ್ತದೆ. ಲಕ್ಷ್ಮೀ ಎಂದರೆ ನಮ್ಮ ಅಂತರಂಗದ ಮತ್ತು ಬಹಿರಂಗದ ಸಿರಿವಂತಿಕೆಗೆ ಸಂಕೇತ. ಲಕ್ಷ್ಮೀ ಸದಾ ನಮ್ಮ ಜೊತೆಯಲ್ಲಿದ್ದು ಬದುಕು ಶ್ರೀಮಂತವಾಗಿರಲಿ ಎಂಬ ಆಶಯದೊಂದಿಗೆ ಲಕ್ಷ್ಮೀ ಪೂಜೆಯನ್ನು ನೆರವೇರಿಸಬೇಕು. ವ್ಯಾಪಾರಿಗಳು ಅಂಗಡಿಗಳಲ್ಲಿ ಲಕ್ಷ್ಮೀ ಪೂಜೆ ಮಾಡುತ್ತಾರೆ.

ಅಮಾವಾಸ್ಯೆಯ ಮರುದಿನವೇ ಬಲಿಪಾಡ್ಯಮಿ. ಅಂದು ಬಲೀಂದ್ರನನ್ನು ಪೂಜಿಸಲಾಗುತ್ತದೆ. ಆ ದಿನ ಬಲಿಚಕ್ರವರ್ತಿ ಭೂಲೋಕ ಸಂಚಾರಕ್ಕೆ ಬರುತ್ತಾನೆ ಎಂಬ ನಂಬಿಕೆ ಇದೆ. ಬಲಿಯ ಭಕ್ತಿ ಮತ್ತು ದಾನ ಶೀಲಗುಣವನ್ನು ಮೆಚ್ಚಿದ ವಿಷ್ಣು ಪ್ರತಿವರ್ಷ ಒಂದು ದಿನ ಅವನ ಹೆಸರಿನಲ್ಲಿ ಪೂಜೆ ನಡೆಯುವಂತೆ ವರ ನೀಡುತ್ತಾನೆ. ಆ ರೀತಿ ಆಚರಿಸಲ್ಪಡುವ ದಿನವೇ ಬಲಿಪಾಡ್ಯಮಿ,

ದೀಪಾವಳಿಯಲ್ಲಿ ಗೋವುಗಳನ್ನು ಸಿಂಗರಿಸಿ ಗೋಪೂಜೆಯನ್ನೂ ಮಾಡುತ್ತಾರೆ. ಹಿಂದೂ ಧರ್ಮದ ಜನರು ಪ್ರತಿ ವರ್ಷವೂ ಪ್ರಪಂಚದ ಎಲ್ಲೆಡೆ ದೀಪಾವಳಿಯನ್ನು ವಿಜೃಂಭಣೆಯಿಂದ ಆಚರಿಸುತ್ತಾರೆ. ಹೊಸ ಬಟ್ಟೆಗಳು, ಸಿಹಿತಿಂಡಿಗಳು ಎಲ್ಲಕ್ಕೂ ಹೆಚ್ಚಾಗಿ ಪಟಾಕಿಗಳಿಗೆ ದೀಪಾವಳಿ ಪ್ರಸಿದ್ಧ.

ದೀಪಾವಳಿ ಎಲ್ಲರಿಗೂ ಶುಭ ತರಲಿ.



In the recently concluded RLI programme at Mysore Two of our Rotarians viz. Rtn Mohan Nair and Rtn. Arun Kumar Shetty participated & secured the RLI graduation certificate. The inaugural function our Dist. Secretary, Learning Rtn. Shivaprasad participated

Our Rotarians Subraya Prabhu and Shambhavi Prabhu wishing the 57th Pattabhishekha Day of Dr Veerendra Heggadeji, Dharmadhikari, Shree Kshetra Dharmasthala

Happy Birthday Wishes



Rtn. Dr. Arun Kumar Shetty 30th October

Wedding Anniversary wishes



Rtn. Lohidas & Ann Asha 1ST Nov.



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